How to Make a
“Things That Make Me Me’” Book

This book has four special flaps that hide pictures of things that make you you!

Make the Book: You will need a large sheet of paper,* glue, scissors, a photograph of yourself, and writing and drawing tools.

1. Fold the sheet of paper in half horizontally, keeping the top flap an inch shorter than the bottom one. Crease.
2. Now fold the paper in half vertically.
3. Fold the top edge back to meet the folded edge. Crease.
4. Flip, and do the same on the other side. Crease.
5. Lay your book flat and cut on the three creases of the top flap. You have made a book that can hide pictures under its flaps!
6. Fold the book as you did in step 4 and paste your photo on the cover flap and write “Things That Make Me Me!” Look at yourself carefully in the photo or in a mirror and draw your self-portrait under the flap. Write your name under the portrait so it can be seen when the flap is closed.

Write the Story: On flaps 2, 3, and 4 draw features that you see in the mirror—your eyes, your skin, and your hair. Under each flap write the words “Eyes like ______,” “Skin like ______,” and “Hair like ______.” Do your eyes look like someone else’s? Is your hair the color of something special? Use the inside pages to write about or draw pictures of the things that make you you. Don’t forget to include a page “About the Authors” in the back of your book.


* We recommend 12” x 17” or a similar size paper.